

Autumn/Winter Menu - Week 1

Day	Breakfast	AM Snack	Dinner	PM Snack	Tea
Monday	Cereals & Toast Fresh Fruit	Drinks	Ham and mushroom Tagalettelli, Vegetables and Garlic Bread. Fruit Salad and Yoghurt	Fresh Fruit Milk	Vegetable curry and Rice. Banana Muffins
Tuesday	Cereals & Toast Fresh Fruit	Drinks	Fish Cakes, Green beans and potatoes served with parsley sauce. Fruit and Ice cream	Fresh Fruit Milk	Chicken and Cheese Quesadilla served with pepper and celery sticks. Fresh Fruit
Wednesday	Cereals & Toast Fresh Fruit	Drinks	Shepherds Pie, Carrots and Peas. Stewed apple custard	Fresh Fruit Milk	Sausage casserole. Fresh Fruit
Thursday	Cereals & Toast Fresh Fruit	Drinks	Chicken Pasta Bake. Orange Flavour Jelly with orange pieces	Fresh Fruit Milk	Seasonal Soup Served with brown bread roll. Butter scones with Jam
Friday	Cereals & Toast Fresh Fruit	Drinks	Pork and apple casserole, boiled potatoes and carrots. Rice pudding and sultanas	Fresh Fruit Milk	Fish fingers, Mash spaghetti hoops. Fresh Fruit

- **Drinks** – The children have access to fresh water throughout the day alongside milk at mealtimes.
- **Special dietary requirements** – Individual dietary requirements will be catered for including allergies and intolerances.

- **Healthy eating** – These menus reflect our food management policy and '5 a day' schemes.
- **Fruit and Vegetables** – all fruit and veg are subject to change due to seasonality and availability.
- **Under 1s** – individual requirements will be discussed and implemented through our weaning policy.



Autumn/Winter Menu - Week 2

Day	Breakfast	AM Snack	Dinner	PM Snack	Tea
Monday	Cereals & Toast Fresh Fruit	Drinks	Pasta Bolognese with grated cheese and mixed vegetables. Fruit Flan and single cream	Fresh Fruit Milk	Fish fingers, Spaghetti Hoops, and potato wedges. Fresh Fruit
Tuesday	Cereals & Toast Fresh Fruit	Drinks	Vegetable lasagna, Green Beans and Garlic bread. Banana and pear custard	Fresh Fruit Milk	Chinese chicken and sweetcorn noodle soup Fresh Fruit.
Wednesday	Cereals & Toast Fresh Fruit	Drinks	Chicken in leek sauce, boiled potatoes, peas and sweetcorn. Upside down pineapple cake + Custard	Fresh Fruit Milk	Sausages served with a bread roll, cucumber and carrot sticks. Fresh fruit
Thursday	Cereals & Toast Fresh Fruit	Drinks	Cheese and onion quiche, Mashed potato and beans. Fruit crumble and custard	Fresh Fruit Milk	Minced turkey with onions in gravy, served with boiled potatoes and peas. Yoghurts
Friday	Cereals & Toast Fresh Fruit	Drinks	Beef cottage pie with lentils, served with cabbage and broccoli. Tinned fruit and Yoghurt	Fresh Fruit Milk	Salmon and broccoli pasta. Home baking- short bread biscuits

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Autumn/Winter Menu - Week 3

Day	Breakfast	AM Snack	Dinner	PM Snack	Tea
Monday	Cereals & Toast Fresh Fruit	Drinks	Turkey Chilli con carne, Kidney beans, with rice and Garlic bread. Fromage Frais and Fresh Fruit	Fresh Fruit Milk	Chicken Curry served with Wedges and Veg. Fresh Fruit
Tuesday	Cereals & Toast Fresh Fruit	Drinks	White fish and Salmon in parsley sauce, Mash, peas and sweetcorn. Fruit crumble and custard	Fresh Fruit Milk	Tuna and sweetcorn pasta. Fresh fruit
Wednesday	Cereals & Toast Fresh Fruit	Drinks	Pork casserole with peas sweetcorn, carrots sliced potatoes and cheese. Jelly and fresh fruit	Fresh Fruit Milk	Jacket potato, cheese and beans with carrot and pepper sticks. Fresh Fruit
Thursday	Cereals & Toast Fresh Fruit	Drinks	Tandoori chicken served with rice and Naan Bread. Apple pie and Custard	Fresh Fruit Milk	Turkey mince, onion, veg and gravy served with Mash and mixed veg. Fresh Fruit
Friday	Cereals & Toast Fresh Fruit	Drinks	Sausage noodle casserole. Stewed apple and rhubarb crumble with custard	Fresh Fruit Milk	Scrambled egg and toast Served with cherry tomatoes and cucumber sticks. Fresh fruit

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Autumn/Winter Menu - Week 4

Day	Breakfast	AM Snack	Dinner	PM Snack	Tea
Monday	Cereals & Toast Fresh Fruit	Drinks	Chicken and Vegetable soup served with Bread and butter. Fromage Frais and Fruit	Fresh Fruit Milk	Sausages, seasoned Vegetables and Potatoes. Fresh Fruit
Tuesday	Cereals & Toast Fresh Fruit	Drinks	Shepherds pie with Kidney's served with green beans. Banana, pear and custard	Fresh Fruit Milk	Beans on Toast. Fresh Fruit
Wednesday	Cereals & Toast Fresh Fruit	Drinks	Corn beef cobbler served with red cabbage. Apple crumble and Custard	Fresh Fruit Milk	Jacket potato with tuna and sweetcorn. Fresh Fruit
Thursday	Cereals & Toast Fresh Fruit	Drinks	Vegetable lasagna with Lentils served with green beans and Garlic Bread. Rice pudding and Jam	Fresh Fruit Milk	Cheesy, beany bake served with carrot and cucumber sticks. Fresh Fruit
Friday	Cereals & Toast Fresh Fruit	Drinks	Chicken Vegetable curry served with Brown Rice and Naan Bread. Blancmange and stewed apple	Fresh Fruit Milk	Cauliflower macaroni cheese. Fresh Fruit

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